

FOOD MENU OF BISHNUPRIYA BALASHRAM (SENIOR CITIZEN HOME)

Day/Time	EARLY MORNING (6-7 AM)	BREAKFAST (8- 9 AM)	LUNCH (12-1 PM)	EVENING SNACKS (4-5 PM)	DINNER (8- 9 PM)
SUNDAY	TEA, BISCUITS	SUJI UPAMA, DALMA/GHUGUNI, MITHA	RICE, FISH CURRY, BHAJA/ SAGA	TEA, BISCUITS	RICE/ROTI, DALMA,BHAJA
MONDAY	TEA, BISCUITS	CHUDA SANTULA, DALMA	RICE, PANEER CURRY, BHAJA	TEA, BISCUITS	RICE/ROTI, DALI,SANTULA
TUSEDAY	TEA, BISCUITS	MUDHI, MILK, CHINI	RICE, VEG CURRY, BHAJA	TEA, BISCUITS	RICE/ROTI, MATAR ALOO CURRY, BHAJA
WEDNESDAY	TEA, BISCUITS	SUJI HALWA	RICE, EGG CURRY, SAGA/ KHATA	TEA, BISCUITS	RICE/ROTI,DALI, BHAJA
THUSDAY	TEA, BISCUITS	CHUDA, CHINI, KADALI	RICE, PANEER CURRY, BHAJA	TEA, BISCUITS	RICE/ROTI, SOYABEAN ALOO CURRY, KHATA
FRIDAY	TEA, BISCUITS	MUDHI, MILK,CHINI	RICE, EGG CURRY, SAGA/ KHATA	TEA, BISCUITS	RICE/ROTI, DALMA, SANTULA
SATURDAY	TEA, BISCUITS	CHUDA BHAJA, FRUITS	RICE,SOYABEAN ALOO CURRY, SAGA/KHATA/BHAJA	TEA, BISCUITS	RICE/ROTI, DALI, VEG CURRY