

FOOD MENU OF BISHNUPRIYA BALASHRAM (SENIOR CITIZEN HOME)

Day/Time	EARLY MORNING (6-7 AM)	BREAKFAST (8-9 AM)	LUNCH (12-1 PM)	EVENING SNACKS (4-5 PM)	DINNER (8-9 PM)
SUNDAY	TEA, BISCUITS	SUJI UPAMA, DALMA/GHUGUNI , MITHA	RICE, DALI, SANTULA, SAGA	TEA, MUDHI, MIXTURE	RICE/ROTI, DALMA,BHAJA
MONDAY	TEA, BISCUITS	CHUDA SANTULA, DALMA	RICE, DALI, VEG CURRY	TEA, BISCUITS	RICE/ROTI, DALI,SANTULA
TUSEDAY	TEA, BISCUITS	MUDHI, MILK, CHINI	RICE, DALI, BHAJA	TEA, CHUDA BHAJA	RICE/ROTI, MATAR ALOO CURRY, BHAJA
WEDNESDAY	TEA, BISCUITS	SUJI HALWA	RICE, DALMA, SAGA, KHATA	TEA, BISCUITS	RICE/ROTI,DALI, BHAJA
THUSDAY	TEA, BISCUITS	CHUDA, CHINI, KADALI	RICE, MATAR PANEER CURRY, BHAJA	TEA, MUDHI, MIXTURE	RICE/ROTI, SOYABEAN ALOO CURRY, KHATA
FRIDAY	TEA, BISCUITS	MUDHI, MILK,CHINI	RICE, DALI, CURRY	TEA, CHUDA BHAJA	RICE/ROTI, DALMA, SANTULA
SATURDAY	TEA, BISCUITS	CHUDA BHAJA, FRUITS	RICE, DALI, SOYABEAN ALOO CURRY	TEA, BISCUITS	RICE/ROTI, DALI, VEG CURRY